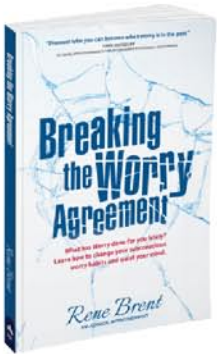


# Rene Brent

RN-Clinical Hypnotherapist



#1 International Best-Selling Author  
Certified Clinical Hypnotherapist  
Speaker and Guest Expert  
Happiness Hunter, Life Coach



Rene Brent is a warm, compassionate and skilled Certified Clinical, Transpersonal and Interpersonal Hypnotherapist. As an RN for over 30 years, she has seen and been inspired by the powerful mind/body connection and how it helps us heal emotionally and physically.

In addition to her work as a hypnotherapist, Rene is a life coach and utilizes a variety of techniques like NLP (Neuro Linguistic Programming), EMT and EFT or tapping. She is always training in new ways to help you get results and reach your goals. She is a registered member of the International Association of Interpersonal Hypnotherapist (IAIH) and The American Council of Hypnotherapist (ACHE).

Rene is passionate about teaching her audience practical tips on how to use the power of the subconscious mind to STOP internal battles. She enjoys helping her audience PRACTICE HAPPY!

## Interview Topics

- Practice Happy: Learn how to get out of your own way and reach your goals.
- How Big is your BUT? Learn to get around blocks in your life.
- Chaos and Clutter Be Gone!
- Learn to Love the Body You Were Born With - Everyone else's is taken.
- Less Stress-Sleep More. YES it is possible!

## Interview Questions

- What is Hypnotherapy and how can it help you overcome roadblocks in your life?
- Is it ever too late to live the life of your dreams? How can you start?
- How can you stop worrying about worrying?
- How can you learn to eat when you are hungry and feel when you are not?

## Contact

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